

1976 Region 3A Girls - Friday, May 28th at Appleton

Teams: Redwood Falls 87, Madison 48, Wabasso 40, Tracy 34, Lake Benton 34, Ortonville 29, Morton 24, Minneota 19, Renville 18, Sleepy Eye 18, Granite Falls 17, Milan 13, Bellingham 12, Benson 10, Montevideo 8, Walnut Grove 8, Lamberton 8, Tyler 7, Sacred Heart 6, Clara City 6, Maynard 5, Appleton 3, Cottonwood 3, Springfield 1, Ivanhoe 1, Kerkhoven 1, Canby 1.

110 Yd Hurdles

- 1 Pam Wittwer, RF 14.9
- 2 Betsy Angermeyr, Mort 15.4
- 3 Laurie Hanen, Mil 15.7
- 4 Leanne Walsh, May 15.7
- 5 Annette Coil, CC 16.1
- 6 Sharon Baumgartner, Or 16.1

100 Yd Dash

- 1 Raedi Altermatt, Wab 11.4
- 2 Kelly Matthies, Bel 11.7
- 3 Dawn Georke, Mad 11.7
- 4 Vicki Schaar, Tr 11.8
- 5 Brenda Rons, Ty 11.9
- 6 Laurie Fier, Min 11.9

Mile Run

- 1 Deb Trochlil, SE 5:31.9
- 2 Tina Block, Or 5:36.2
- 3 Brenda Boblirsch, Mort 5:41.0
- 4 Debra Hoernemann, Or 5:49.6
- 5 Linda Cornell, RF 5:54.9
- 6 DeeDee Johnson, Co 5:55.9

880 Yd Relay

- 1 Wabasso 1:48.3 (Altermatt, Pietrowski, Jaeger, Schumacher)
- 2 Ortonville 1:49.0
- 3 Tracy 1:51.3
- 4 Granite Falls 1:51.4
- 5 Lake Benton 1:52.5
- 6 Kerkhoven 1:56.2

440 Yd Dash

- 1 Joan Hopfenspirger, RF 59.8
- 2 Margaret Fier, Min 61.3
- 3 Beth Henrich, Mad 61.4
- 4 Dari Georke, Mad 61.8
- 5 Ranae Reimer, Tr 62.0
- 6 Janel Rodahl, Ben 62.6

180 Yd Hurdles

- 1 Pam Wittwer, RF 24.4
- 2 Betsy Angermeyr, Mort 24.7
- 3 Laurie Hanen, Mil 25.6
- 4 Annette Coil, CC 25.9
- 5 Connie Serie, Ty 26.4
- 6 Darcy Rheingans, A 26.4

440 Yd Relay

- 1 Redwood Falls 51.3 (Jo Hopfenspirger, Je Hopfenspirger, Wittwer, VonMosch)
- 2 Madison 52.1
- 3 Ortonville 52.2
- 4 Tracy 52.5
- 5 Tyler 53.3
- 6 Springfield 53.3

880 Yd Run

- 1 Linda Hawton, RF 2:26.7
- 2 Mary McNellis, Ben 2:27.8
- 3 Jill Pietrowski, Wa 2:27.9
- 4 Robin Stamp, Mad 2:30.7
- 5 Donna Hoffman, Co 2:31.4
- 6 Ann Englund, Ca 2:34.0

220 Yd Dash

- 1 Raedi Altermatt, Wab 26.8
- 2 Dawn Georke, Mad 26.9
- 3 Jean Hopfenspirger, RF 27.0
- 4 Kelly Matthies, Bel 27.5
- 5 Joan Bymers, GF 27.7
- 6 Brenda Rons, Ty 27.7

Two Mile Run

- 1 Isabella Ceplecha, RF 12:00.8
- 2 Kristin Asp, Lam 12:28.4
- 3 Annie Hendrickson, SH 12:43.0
- 4 Robyn Monson, Mad 13:00.8
- 5 Jenivy Reck, RF 13:07.1
- 6 Judy Dombeck, Iv 13:13.8

Mile Relay

- 1 Redwood Falls 4:07.8 (Jo Hopfenspirger, Je Hopfenspirger, Prah, Ceplecha)
- 2 Madison 4:18.3
- 3 Lake Benton 4:18.8
- 4 Tracy 4:22.5
- 5 Ortonville 4:24.2
- 6 Benson 4:24.8

Shot Put

- 1 Deanne Morehouse, LB 41-2.75
- 2 Denise Swart, Re 39-2
- 3 Barb Dording, RF 36-2
- 4 Kim Brennan, RF 35-10
- 5 Cindy Mammen A 34-6.5
- 6 Bev Hansen, GF 33-4

Discus Throw

- 1 Deanne Morehouse, LB 121-5
- 2 Debbie Lowinske, SE 106-10
- 3 Patty Zenk, Mon 102-9
- 4 Deb Johns, TR 96-6
- 5 Denise Swart, Re 95-3
- 6 Vicki Nelson, RF 94-11

Long Jump

- 1 Margaret Fier, Min 16-7.5
- 2 Wendy Hagen, Re 16-0.5
- 3 Kay Bressier, LB 15-10
- 4 Raedi Altermatt, Wab 15-8
- 5 Betsy Angermeyr, Mort 15-6
- 6 Cindy Hanen, Mil 15-4

High Jump

- 1 Joan Bymers, GF 5-0
- 2 Signe Anderson, WG 5-0
- 3 Lynn Butson, Tr 4-11
- 4 Maurine Engel, Tr 4-10
- 5 Colleen Evans, Mon 4-10
- 6 Nancy Sulflow, May 4-10

Notes: